## What is claimed is:

- 1. A body taste improver comprising decomposed substances of a long-chain highly unsaturated fatty acid and/or an ester thereof.
- 2. A body taste improver comprising an extract of decomposed substances of a long-chain highly unsaturated fatty acid and/or an ester thereof.
- 3. A body taste improver consisting of decomposed substances of fat and oil composition comprising a long-chain highly unsaturated fatty acid and/or an ester thereof in an amount of 1% by weight or more.
- 4. A body taste improver consisting of an extract of decomposed substances of fat and oil composition comprising a long-chain highly unsaturated fatty acid and/or an ester thereof in an amount of 1% by weight or more.
- 5. A body taste improver according to anyone of Claim 1 4, wherein the long-chain highly unsaturated fatty acid is arachidonic acid or  $\gamma$ -linolenic acid.
- 6. A body taste improver according to anyone of Claim 1-5, wherein the decomposed substances or extract thereof comprises an aldehyde having 10-15 carbon atoms.
- 7. A body taste improver according to Claim 6, wherein the decomposed substances or extract thereof comprises an aldehyde having two or more of double bonds.
- 8. A body taste improver according to Claim 6 or 7, which comprises 2,4,7-tridecatrienal.
- 9. A body taste improver according to anyone of Claim 1-8, wherein the long-chain highly unsaturated fatty acid is not derived from animal fat and oil.
- 10. A food comprising a body taste improver according to anyone of Claim 1 –9.